

Long's Maple Syrup

100% Pure Canadian

MAPLE OAT SQUARES

INGREDIENTS

- ½ cup butter
- 1 cup Long's Maple Syrup
- 2 cups quick-cooking rolled oats
- ¼ cup wheat germ
- ¼ cup chopped walnuts
- 1 egg

INSTRUCTIONS

1. In a medium saucepan, bring butter and syrup to a boil over medium heat, stirring constantly.
2. Continue cooking for 3 minutes.
3. Remove from heat and add remaining ingredients; mix well
4. Spread evenly in greased 9" square pan.
5. Bake at 375°F (190°C) for 15 to 20 minutes, or until lightly browned.
6. Cool and cut into squares.

Makes about 2 dozen